THEIA

Central and South Atolls: A Taste of the South

Male to Male | North Male, Vaavu, Meemu, Faafu, South Ari, North Ari and Rasdhoo

Join Theia for a spectacular journey through the Central and South Atolls of the Maldives, and dive into vibrant coral reefs where manta rays, whale sharks and schools of colourful reef fish are waiting for you.

The pristine water and the rich marine life make these some of the most captivating dive sites in the country.

In the Central Atolls you can look forward to South Male Atoll with its busy reefs and the odd shark, exciting drift dives in Vaavu Atoll and the chance to meet the gentle giants of Ari Atoll.

Every site has its own underwater landscape and an abundance of life, from pelagic visitors to the tiny, intricate residents of the reef.

Further south the dive sites are visited far less often, so you can explore untouched coral reefs and spot rare species.

When you are not diving, enjoy a massage on board, soak up the beauty of the Maldives and relax on a beautiful beach.

LENGTH	DEPARTURE PORT	ARRIVAL PORT	EXPERIENCE
10 nights	Male	Male	30+ dives, AOWD







Your itinerary

DAY 1

Embarkation

No diving today

A representative picks you up at Male airport and takes you to the boat.
You are welcomed with a drink and the cruise manager's briefing, dinner is served in the evening, and the first night is spent at Hulhumale marina.

DAY 2

North Male South to Vaavu Atoll

Up to 3 dives

We kick things off with a relaxed check dive in North Malé to get comfy in the water.
Then it’s straight into the action!
We head south for thrilling channel dives filled with reef sharks and pelagics galore.
To top it off?
A night dive with nurse sharks-up close and personal.
Welcome to the Maldives!

DAY 3

Vaavu Atoll

Up to 3 dives

Get ready for a full day exploring Vaavu’s legendary channels, known for their strong currents and big-fish action!
We’ll dive the iconic Fotteyo, one of the most vibrant and dramatic sites in the atoll.
At sunset, we anchor near a dreamy sandbank for stargazing and sunrise magic.
Pure bliss.



DAY 4

Vaavu to Meemu Atoll

Up to 3 dives

Start the day early with a sunrise dive at Fotteyo-perfect timing to catch a glimpse of elusive hammerheads!
Then we cruise to Meemu Atoll for more channel diving and an afternoon thila dive teeming with pelagics and colour.
This is diving at its wildest!

DAY 5

Meemu to Faafu Atoll

Up to 3 dives

Kick off with a manta hotspot in Meemu before crossing to Faafu Atoll.
There, we'll dive stunning thilas carpeted in soft corals and frequented by turtles, stingrays, and schooling fish.
A chill cruise gives us time to relax, nap, or enjoy the ocean breeze on deck.

DAY 6

Faafu to South Ari Atoll

Up to 3 dives

One last dive in Faafu, then we head to the famous South Ari Atoll—home to spectacular reefscapes and a chance to spot a whale shark!
In the evening, we'll enjoy a beach BBQ on a local island.
Think grilled seafood, music, and feet in the sand.
Life's good.

DAY 7

South Ari to Central Ari Atoll

Up to 3 dives

Today's highlight: a visit to a manta cleaning station!
Watch these graceful giants swoop and swirl just metres away.
Expect big fish action too, pelagic are everywhere!
We'll wrap up with a chilled dive near a sandbank and maybe even a sunset snorkel.

DAY 8

Central Ari to North Ari Atolls

Up to 3 dives

Adventure awaits with cave dives surrounded by stunning soft corals, followed by a wreck dive full of marine life.
But the real showstopper?
A night dive with manta rays, right off the back of the boat.
You won't believe your eyes!

DAY 9

North Ari to Rasdhoo Atoll

Up to 3 dives

Start strong with two of Ari's top shark dive sites, then cruise to Rasdhoo for more underwater thrills in its dramatic channel.
We'll also visit another local island for a taste of Maldivian culture and a sunset stroll.

DAY 10

Rasdhoo to Male North Atoll

Up to 3 dives

It’s the final dive day-but we’re ending on a high note!
A powerful channel dive in Rasdhoo, followed by one last beautiful reef in North Malé.
Then it’s time to rinse and dry your gear, stamp logbooks, and share those epic photos.
High fives all around!

DAY 11

Disembarkation

After breakfast on board, the crew arranges your transfer to the airport.
Guests disembark between 08:00 and 08:30.
There is no diving today.

ROUTE MAP

Your route



GOOD TO KNOW

On land and on the way

Night dives

Scheduled night dives, often with nurse sharks, and manta night dives where the area allows.

Island visits

Visits to local islands and beach evenings, when the schedule and weather allow.

Check in

A representative holding a sign meets you outside the arrival hall at Male airport. The first transfer to the boat, by dhoni from the airport marina and taking about 20 minutes, is at about 2 pm, and check in is from 3 pm. There are no hotel pick ups. Early check in, with a pick up at 10 am, is possible for an extra charge.

Check out

Guests disembark between 08:00 and 08:30 after breakfast, and the crew arranges the transfer to the airport.

Last dive

Allow at least 24 hours between your last dive and flying. The dive team can limit the number of dives for weather, diver level or physical condition, with no refund.

INCLUDED

What your trip covers

INCLUDED IN THE TRIP PRICE

- Airport transfers to the boat, by dhoni from the airport marina, and back at the end
- Shared double or twin cabin
- Dive guides
- 12 litre aluminium cylinders with DIN or international fittings, and weights
- Meals and all soft drinks on board
- Bath towels, changed at least once
- Maldivian government tourist tax and service charge
- Jacuzzi on board
- Wi-Fi, limited to emails and messaging apps
- Nitrox for certified divers

NOT INCLUDED

- International flights to and from Male
- Supplement for a superior or premium cabin
- Supplement for single use of a cabin
- Beer, wine, spirits and espresso coffee
- Diving courses and rental equipment
- Dive insurance (mandatory) and travel insurance
- Massage service
- Speedboat, plane or seaplane transfers on special routes or unscheduled arrivals and departures

BEFORE YOU GO

What to bring

ESSENTIALS

- Dive certification card and logbook
- Completed diver medical questionnaire
- Details of your dive and travel insurance
- Dive computer and surface marker buoy with reel
- Reef-safe sunscreen

AND ALSO

- Swimwear, hat and sunglasses
- Light clothing and sandals
- Personal medication and toiletries
- Travel adaptor
- Passport

WORTH KNOWING

Key notes

Good to know

A surcharge may be applied if exchange rates or fuel prices change materially. At least 14 days notice is given, none is applied within 28 days of departure, and a full refund is allowed if the surcharge is 10% or more of the price

Good to know

The minimum level is Advanced Open Water or CMAS 2 star, and Open Water divers must complete Advanced Open Water at the start of the cruise

Good to know

The route is an example and can change to suit the weather and sea conditions

Good to know

Snorkellers are welcome on board





